



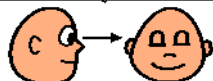
Problem Solving Index



Polite Asking



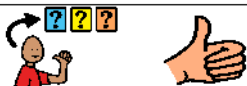
What To Do If I Need Help Or Have A Question



Finding A Safe Person



Getting Help Or Information



Doing The Right Thing



Deciding Who To Listen To



Sticking Up For Myself



Decide What I Want And Don't Want



Saying "NO"



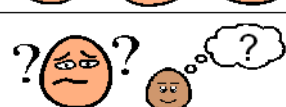
When Something Is Bothering Me



When I'm In A Bad Mood



When I Am Upset And I Can't Get Over It



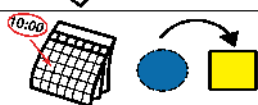
Solving A Problem (I Don't Know What To Do)



Solving A Conflict (Fight Or Argument)



Telling The Truth



Events Can Change



People Might Act Differently Than I Expected



New Or Unexpected Things Can Be Hard